

Diabetes care is important!

Diabetes is a disease where your body either cannot produce insulin or cannot use insulin properly to regulate blood sugar. It affects 11 million Canadians, the most common type being type 2.

Without management, diabetes can lead to complications with your feet/legs, eyes, kidneys, and more.



LOCATIONS

Main Clinic

6-2972 Islington Avenue
North York, ON M9L 2K6

Phone: 647-476-1351 ext. 100
Fax: 647-847-8467

Satellite Clinic

102-2562 Eglinton Avenue West
Toronto, ON M6M 1T4

Phone: 647-476-1351 ext. 401
Fax: 647-847-4251

HOURS

Monday	9:00 AM — 5:00 PM
Tuesday	9:00 AM — 8:00 PM
Wednesday	9:00 AM — 5:00 PM
Thursday	9:00 AM — 8:00 PM
Friday	9:00 AM — 1:30 PM

- These hours are subject to change in the event of emergencies.

Emery-Keelesdale
Nurse Practitioner-Led Clinic

DIABETES MANAGEMENT PROGRAM



eknplc.ca



647-476-1351



info@eknplc.ca



About

This program is for:

- Persons who have type 2 diabetes
- Persons who have prediabetes or are at risk of developing diabetes

EKNPLC's team of health professionals will work together to help you manage or prevent diabetes. The team includes:

- Nurse Practitioner (NP)
- Registered Nurse (RN)
- Registered Dietitian (RD)

How does it work?

Our team will provide education and supports to help you reach your health goals.

Supports offered include:

- Individual counselling
- Group programs/workshops
- Referrals to specialists
- Community programs

Learn about:

- Monitoring blood sugar
- Monitoring blood pressure and preventing complications
- Medications and insulin
- Nutrition and healthy eating
- Physical activity that works for you
- Coping and stress management
- And more

Who is eligible?

This program is available to all patients of our clinic!

If you would like to become a patient at EKNPLC, please contact us! Please note that we accept patients who do not already have a primary health care provider.

Living with diabetes...
it's different for
everyone.

We will make a plan
that works for you.