

Emery Keelesdale Nurse Practitioner-Led Clinic



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Clinic Update February 2018



Henry He

"It's a great honour to help"

Inside:

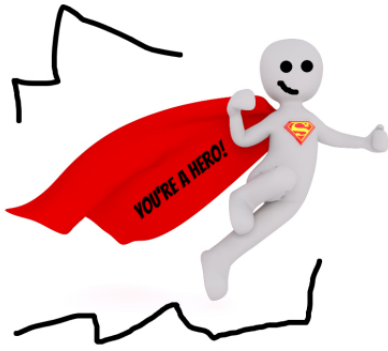
New Program Begins!
TCHC, ACT, NCMA & Delta
Black History Month

Admin Assistant, Henry He, has been with us for nearly 3 years and signs of his work can be felt or seen in nearly every corner. Henry handles IT, design, statistics and even fills-in for client care. He is our renaissance man <his paintings are not for sale> and jumps at the opportunity to help where needed. Thank you Henry!

Caring for a Family Member

New Program in February

Are you caring for a family member at



home? The [Caregiver Support Group](#) is a place for added support if you are facing difficulties. Topics include: avoiding burnout; social support options; stress & financial management; mindful eating & living; and abusive relationships. Meetings every Tuesday starting February 6, at 5:30 to 8 p.m. at 2972 Islington Ave. Call 647-476-1351

Black History Month



Honouring Black Canadians

Every February we honour achievements and contributions made by [Black Canadians](#). During WW1, Black women formed the Black Cross Nurses to aid soldiers and the black community even though they were denied participating in war efforts and weren't admitted into training or employment at hospitals until late 1940's. Info on advocacy [here](#).

Nigerian Canadian Muslim Association



Family: Bedrock of Society

On December 24, the [NCMA](#) hosted a family event and our Dietitian and Social Worker were on hand to present about maintaining one's health as an element of relationship building. It was a great pleasure to be in attendance we're already planning for the next event!

Toronto Community Housing

Cameras at Islington Satterly

After concerted lobbying from residents and community members along with support of our clinic, [TCHC](#) installed new security cameras at Islington Satterly Housing. It's a positive step toward more work



being done to improve the health and safety of our community. Thank you everyone!

Delta Family Resource Centre



Program Moved to St. Roch's

After several months of energetic children using our board room, [Delta](#) found a great space at [St. Roch's](#) for the kids to run free in their after school program. Missing them!

Aids Committee Toronto ACT



Sexual Health & HIV Awareness

Stella Osagie and Zahra Bolouk of [ACT](#) presented at our clinic about [PrEP](#) - a highly effective way to prevent HIV - and delivered resources for our clinical staff to better serve our community. Be on the look out and [get involved](#) with [#lovepositivewomen](#) events between February 1-14

Lo Specchio Newspaper



Our First Advertisement!

Our first ad appeared on page 17 of the December 15 issue of [Lo Specchio](#). Our next ad will be in the January 26 issue. Be sure to pick up a copy! Lo Specchio has been serving Canadians of Italian heritage in the GTA since 1984.

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