# What if my health seems to be changing between visits?

Often, the health of our home visiting patients can change suddenly and unexpectedly.

Some signs you may want to report include:

- Rectal bleeding
- Higher than normal blood pressure
- Burning with urination
- Anxiety/agitation
- Confusion
- Any trauma or injury
- Diarrhea
- Sore throat and/or new cough

If you notice any worrisome symptoms, call us at (647) 476-1351 option 3.

## Emery-Keelesdale Nurse Practitioner-Led Clinic

#### Main Site:

2972 Islington Avenue, Unit 6 North York, ON M9L 2K6 Phone: (647) 476-1351 Fax: (647) 847-8467

#### **Satellite Site:**

2562 Eglinton Avenue West, Suite 102 Toronto, ON M6M 1T4 Phone: (647) 476-1351 Fax: (647) 847- 4251

#### **Hours of Operation:**

Monday	9:00 AM - 5:00 PM
Tuesday	9:00 AM - 8:00 PM
Wednesday	9:00 AM - 5:00 PM
Thursday	9:00 AM - 8:00 PM
Friday	9:00 AM - 1:30 PM

# HOME VISITING PROGRAM



**Emery-Keelesdale Nurse Practitioner-Led Clinic** 

(647) 476-1351 option 3





#### Who are we?

Our group of health professionals provide primary care to you in your home. To be part of our home visiting program, you must transfer your care to our clinic.

## What services do we provide?

- Annual physicals
- Immunizations
- Laboratory tests (i.e. bloodwork) and prescription medications
- Forms completion
- Cancer screening (mammograms, pap smears, colon cancer checks) if eligible
- Post-hospitalization check-ups

We help our patients manage these health issues at home:

- Diabetes
- High blood pressure
- Heart failure
- Kidney failure
- Chest infections
- Urine infections





## "When will I be seen?"

You will be seen every 3 months by a Nurse Practitioner. Patients over 90 years of age or deemed as palliative will be seen on a monthly basis by a health professional.

## "What time are my appointments?"

You receive a reminder call from our clinic the week of your appointment. Depending on the scheduled visits for the day, your appointment will be either in the morning or afternoon. Our clinic will advise you of a 2-hour appointment window of when your visit will happen.

## "What happens after the first visit?"

Our clinic will send a laboratory technician to your home within two weeks for bloodwork to be taken. Our clinic works with LifeLabs and CCAC. The laboratory may charge a fee for home bloodwork services.

# Steps to complete once you are registered:

- Contact your <u>current health care</u> <u>provider</u> and let them know you have transferred your care to our clinic. We will contact them as well and ask for your past medical records.
- 2. Do you have a <u>Power of Attorney</u>? If so, we will need a copy of those documents.
- 3. Do you have a <a href="https://www.nome.care.nurse">home care nurse</a>? If so, we will need their contact as well. We like to work collaboratively with our home care colleagues.
- 4. Do you have a <u>pharmacy</u>? If so, we will need their contact information. We will request a list of your current medications, and drug allergies.
- 5. Do you have a <u>Substitute Decision</u>
  <u>Maker?</u> We will only communicate with **one** family member/caregiver.

# What documents will you receive from us?

You will receive:

 A Primary Care Provider Card to present to your specialists or to the Emergency Department so that all your medical information and discharge information will be sent to us.